

# The Joint Self-Assessment

## What's it all about?- Easier Read Guidance



The Joint Self- Assessment is a way of checking how good services are working for people with learning disabilities and their family members and family carers. It helps us think about lots of different services. This includes things like:

- Housing
- Going to the doctors or the hospital
- If the local swimming baths or libraries are accessible
- Whether personal budgets are working for people

In the past we did this in two ways. These were the:

- Health Self-Assessment Framework
- The Learning Disability Partnership Board Report

Everybody thought it would be a good idea to bring the two together.

The big idea is that EVERYBODY should be involved in checking and planning services. There are four big parts to the assessment. This sheet tells you about the four parts.

### Compliance

Every area should be able to show that they have things written down in policies or that they are following rules. These things help us check they are following the law and good decisions are being made. This includes things



like:

- Policies to make sure people are safe
- Ways of working that make sure people are using the Mental Capacity Act

## Data

This is about asking areas to get information about numbers. This includes things like:

- How many people have paid jobs
- How many people are having an annual health checks
- How many people are from black and minority ethnic communities

Numbers are important but we need to get the thoughts and feelings of people too.

## Measures

The measures are three things that people have said we need to get right for people with learning disabilities and family carers. The Framework tests how good areas are doing about these three things:

### Section A - Staying Healthy

This includes lots of things such as getting a good service from the doctors, chemist, dentists or when going to hospital.

### Section B – Being Safe

This is about people being safe when using health services such as being in hospital or getting support from



social services such as where people live. It also means people are safe when out and about where they live such as going to the swimming baths or being on the bus.

## Section C – Living Well



This is about people with learning disabilities and their families having a say about how services should work. It is also about making sure that they are thought about when planning and buying services

It also about inclusion and making sure that people with learning disabilities are welcomed and valued in their community.

The way we test how areas are doing is called the RAG rating. This uses the same colours as traffic lights. This means:



**Red...** This means that things are not good and there is lots of work to be done

**Amber...** This means there are some plans or work in place but still lots to do

**Green...** This means that your area is doing really well on something

## Sharing Stories

This is the real tester for areas to check how things are working. The Sharing Stories part is a chance for everybody to share stories of:

- Good ways of working
- Bad ways of working



This could include stories about getting extra time at your doctors for your appointment or choosing who supports you where you live and getting a job.



We should all be able to learn from these stories about how to do things better. They should also help people who plan and buy services use the money in the best way possible.

There is a sheet that comes with this information called the 'Sharing Stories Sheet' that people will use to collect information. We hope that everybody will use these including:



- People with learning disabilities and families
- Direct support workers
- Advocates
- Doctors/Nurses
- And more

There will be somebody in your area that is collecting these stories that you can send yours too. The details are on the sharing stories sheet.

### **Big ideas about how to make the framework happen**

The people in charge of making the Framework happen where you live are:

- Clinical Commissioning Groups
- Health and Wellbeing Boards
- Learning Disability Partnership Boards

We think that areas know how to involve people in the best way locally but we do think that areas should:





- Make sure everybody gets a chance to talk in a room together about what is happening and how things are going. Questionnaires are not a good way to do this
- Decide together how well they think their area is doing and decide scores together
- Make sure people are working together to plan and buy services

All the information from the framework will be given to the government to help them decide what they should be doing for people with learning disabilities and their families.